

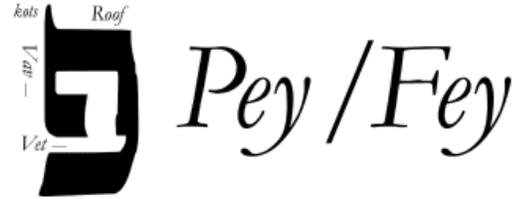
# The 5 “F’s” of Personal Worship

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\*All scriptures are from: The Complete Jewish Bible (a modern Messianic version)

## The Hebrew letters for F & P is: Pey/Fey

These Hebrew letters bring us to a deeper revelation of the flow of God through worship in our personal lives. These letters through the Hebraic understanding convey that there is expression to our inner man, an insight (Prophetic FLOW) that comes from God; with our mouth and our breath (breath = life or essence).



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### 1. FIRE: (*passion*)

Fire is hot; it burns and gives off light. We could say that the Spirit of God on the inside of us is like a FIRE, we burn with His light from within and others respond or are repelled by that light in us. When we have passion for Him and it consumes us, we cannot contain it, we must express our inner passion (FIRE) through worship as well as our daily lives.

- ❖ Hebrews 12:29 for indeed, “Our God is a consuming Fire.”
- ❖ Jeremiah 20:9 but, if I say, “I will not mention His word or speak anymore in His name,” His word is in my heart like a fire, a fire shut up in my bones. I am weary of holding it in; indeed, I cannot.
- ❖ Acts 2:1-4 the festival of Shavu'ot (Pentecost) arrived, and the believers all gathered together in one place. Suddenly there came a sound from the sky like the roar of a violent wind, and it filled the whole house where they were sitting. Then they saw what looked like tongues of fire, which separated and came to rest on each one of them. They were all filled with the Ruach HaKodesh (The Holy Spirit) and began to talk in different languages, as the Spirit enabled them to speak.

### 2. FOCUS: (*plan*)

Focus means to fix ALL of our attention on the LORD and His ways. If, we focus on ourselves (the flesh) and its ways we will not receive all that God has for us. Because when our thoughts and actions are divided, it can lead us into sin. Our hearts must be fully focused on our Creator...God (Elohim = Creator God).

- ❖ A person is responsible to prepare his/her heart, but how the tongue speaks is from ADONAI (The LORD). All a man's ways are pure in his own view, but ADONAI weighs the spirit. If you

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entrust (commit) all you do to ADONAI (The LORD), your plans will achieve success.  
Proverbs 16:1-3

- ❖ Let no harmful language come from your mouth, only good words that are helpful in meeting the need, words that will benefit those who hear them. Ephesians 4:29

## 3. FLOW: (*prophetic*)

We talk a lot about the flow of the Holy Spirit in the spirit-filled Church and meetings. As we worship the LORD in spirit and in truth we have tapped into the prophetic flow from within our innermost being (our spirit man). If, we rely on our flesh it will take us to the ways of the world but when we commune with the Holy Spirit inside of us, our spirit takes over. The

ancient Hebrew pictograph for flow is a picture of waves of water and it's called:



*MEM.* A Mayim is a circle dance with a group of people (Mayim=unity & continuous flow). Gary (my husband) and I saw these dances in the streets of Jerusalem on our 1<sup>st</sup> trip to the Holy Land. We watched as Israeli men danced with shouts of joy in a continuous flow of movement, it was incredible to see and hear the zeal these men dance with!

We can easily see prophetically (through spiritual eyes) that it relates to a flow of water, a stream that never runs dry. We can have that flow of the Spirit that is like rivers of living water bubbling up from within and the way to do this is; we must live a life of worship!

- ❖ But the time is coming -- indeed, it's here now -- when the true worshipers will worship the Father spiritually and truly, for these are the kind of people the Father wants worshipping Him. God is Spirit; and worshipers must worship Him **spiritually and truly.**" John 4:23-24
- ❖ Whoever puts his trust in Me, as the Scripture says, rivers of living water will flow from his/her inmost being!" (Now Jesus said this about the Spirit, whom those who trusted in Him were to receive later — the Spirit had not yet been given, because Yeshua (Jesus) had not yet been glorified.) John 7:38-39

## 4. FUN: (*Joy, pleasure*)

When we find that MEM; the flow of His Spirit we get happy and move into incredible joy.

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Being happy is our emotional realm responding to God but “Joy” is a spiritual respond to God through our spirit man. That joy brings times of refreshing and new songs arise on the inside of us as we worship our King. **Yes, we can have fun in Church!** We’ve been created to bring God pleasure and we cannot help but celebrate the One who created us. We will dance as David danced, a “Halal” before our God with no shame and no holding back. You can bet that God was smiling as David danced before Him.

This topic reminds me of a story of a famous competitive runner, Eric Liddell. Here is a snippet from that story...

*Eric Liddell is being reprimanded by his sister for neglecting his responsibilities before **God** as **he** devotes his focus toward competitive **running**. Liddell responds, “I believe that **God** made me for a purpose. But **He** also made me fast, and when I **run**, I **feel** His **pleasure**.”*

What a beautiful story, it just makes my heart sing for JOY.

- ❖ Rejoice in union with the Lord always! I will say it again: rejoice! Philippians 4:4
- ❖ Sing to Adonai (the LORD) a new song, His praise in the assembly of the faithful. Let Israel rejoice in their maker, let Tziyon’s (Zion’s) children take joy in their King. Let them praise His name with dancing; make melody to Him with tambourine and lyre; for Adonai (the LORD) takes delight in His people, He crowns the humble with salvation. Let the faithful exult gloriously; let them sing for joy on their beds. Psalm 149: 1-5

## 5. FREEDOM! : (*Purpose*)

The number 5 means GRACE in the scriptures. It’s by God’s grace that we discover our destiny. The Holy Spirit equips us, teaches us to soar and to progress forward with purpose into our destiny. Our past no longer has a hold on us as we worship Him in spirit and in truth. It is no longer I that lives... but Christ!

*I have been crucified with Christ; it is no longer I who live, but Christ lives in me... Galatians 2:20a (NKJV)*

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(Destiny = why we are here on this planet) The world is filled with people who need Christ.

Here is a prophetic word to us from the book of Jeremiah.

“Before I formed you in the womb, I knew you; before you were born, I separated you for Myself. I have appointed you to be a prophet to the nations.” I said, “Oh, Adonai Elohim, I don’t even know how to speak! I’m just a child!” But Adonai said to me, “Don’t say, ‘I’m just a child.’ “For you will go to whomever I send you to; and you will speak whatever I order you. Do not be afraid of them, for I am with you, says Adonai, to rescue you.” Then Adonai put out His hand and touched my mouth, and Adonai said to me, “There! I have put My words in your mouth. Today I have placed you over nations and kingdoms to uproot and to tear down, to destroy and to demolish, to build and to plant.” Jeremiah 1:4-10

We are encouraged and challenged throughout scripture to come close to the LORD God, not to be afraid but draw near. James 4:8, Jeremiah 29:12-14. As we study and read the scriptures; the Holy Spirit of God will show you many things that were previously hidden, this is called revealing or revelation by the Spirit.

Beloved, draw near to God, time is short and He is waiting to show you new and revelation as you worship Him with body, soul and spirit.

In His Love,  
Lora

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