

MOVEMENT – Worship Arts Teaching

SCRIPTURE TEACHING: Proverbs 3: 5 & 6 (NIV) TRUST = FAITH

Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight.

1

Bring joy to your servant, Lord, for I put my trust in you. Psalm 86:4

I will say of the LORD, “He is my refuge and my fortress, my God, in whom I trust.” Psalm 91:2

EXPRESSING what God says to our spirit through ...MOVEMENT

There is much more power in a team working together than individuals doing completely separate movements.

In the image on the right, what movements do you see in the figure?
(Write them here)



I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus. Philippians 3:14

PRACTICAL APPLICATION:

We will use the song “How Great Is Our God” by Hillsong United, as our practical application. There are 4 key words listed below or combination of words. Take a minute to highlight them on the separate lyrics sheet below.

KEY WORDS:

- GREAT
- GOD
- MAJESTY, KING
- ALL



WORSHIP WARRIORS® worshipwarriors.net
For more information send an email to: rozkowski@gmail.com
Copyright © All Rights Reserved (Reprinted with permission)

MOVEMENT – Worship Arts Teaching

There are also 3 opposites that have significance in understanding what this song is about they are:

1. Light & Darkness
2. Beginning & End
3. Lion & Lamb



QUESTIONS TO ASK:

1. What is this song about?
2. How would you express this song and what worship arts tools would you use?
 - Flags
 - Tabrets
 - Ribbons
 - Billows
 - Streamers
 - Clapping
 - Shouting
 - Sign language
 - Interpretive dance
3. What is the tempo [speed] of the song?
 - Fast
 - Slow
 - Medium
4. What colors represent our Key Words? *[Various flag colors are placed around the room to help in sensing which colors go with your key words]*
 - God - What color best describes Him to you?
 - King - Majesty / gold & purple
 - Light – Iridescent / White
 - Great – **BOLD** powerful colors, which would you, choose?
5. What moves do you feel you listen / HEAR this song?



MOVEMENT – Worship Arts Teaching

If anyone has ears to **HEAR**...let him **HEAR** what the Spirit of God is saying...

READ: *Mark 4:21-25*

3

- Interpretive Dance
- Using Flags: Small or Large?
- Signing
- Decreeing – A Shout
- Crying - Singing
- Hands Raised High -Clapping
- Jumping – Leaping

The Holy Spirit will speak to you as you spend time in worship. Our Joy is to hear the heartbeat of God and express it the best we can with movement and expression. That is what a Worship Arts team does AND... we do it together. We don't try to stand out from the rest but work as a team for the LORD. *God delights in us and has His Best in mind for us...ALWAYS!*

*The LORD your God is with you, the Mighty Warrior who saves. **He will take great delight in you;** in his love he will no longer rebuke you, but will rejoice over you with singing.” Zephaniah 3:17*

NOTES:

MOVEMENT TIPS:

- We need to notify our face! What our face is expressing is very important in worship because, what's happening on the inside of us shows on the outside! Take a test run in this; go somewhere that has lots of people and check out what expression is on their faces. Most often you will be able to quickly tell if they are having a good day or a not so good day.



MOVEMENT – Worship Arts Teaching

- When we worship the LORD, if we are not connecting with the song, we will just have empty movements which express nothing and have no real meaning to us or others. The people that are watching will see this. **Eye contact is only important when doing a presentation that is evangelistic otherwise we need to focus our sights above and not on people.**
- As worshippers we certainly love the songs that we are worshipping to, right? If you are at home and worshipping the LORD singing is great, **BUT...** if you are up front and worshipping it takes away rather than adds to the impact of the presentation. If you are on the worship team that sings this doesn't apply. *Think about it, the singers are not doing movement while they are singing, right?*

REMEMBER: we are a Worship Arts team and **movement** is our main expression

- Worship Arts is visual and every movement and facial expression has an impact (touches others). We are leading others in worship; this is a privilege of the LORD.
- Try to use most of the available floor area when working as a team rather than staying in one spot. FLOATER; the flagger stands in a stationary spot and the floater moves around the flagger to make use of the total floor space.]
- Obstacles will always be part of Worship Arts and we must be very aware of our surroundings. Choosing the best worship tools that fit our worship space is important.

[Example: Many venues have low ceilings. It would not make any sense to use a large 12' flag on a long pole, there just isn't room. The same goes for flaggers using 2 flags that are fairly large, we must think about our arm extension.]

- When a prophetic word is sung or spoken forth in a service or meeting, all worship activity must stop [this gives honor to the LORD]. It's ALL about Him and so we definitely want to hear what God is saying and not be distracted or distract anyone else from; Hearing... what the Spirit is saying...

~Lora



WORSHIP WARRIORS® worshipwarriors.net

For more information send an email to: rozkowski@gmail.com

Copyright © All Rights Reserved (Reprinted with permission)

MOVEMENT – Worship Arts Teaching

LYRICS

"How Great Is Our God"

The splendor of a King, clothed in majesty
Let all the earth rejoice
All the earth rejoice

He wraps himself in Light, and darkness tries
to hide
And trembles at His voice
Trembles at His voice

How great is our God, sing with me
How great is our God, and all will see
How great, how great is our God

Age to age He stands
And time is in His hands
Beginning and the end
Beginning and the end

The Godhead Three in One
Father Spirit Son
The Lion and the Lamb
The Lion and the Lamb

How great is our God, sing with me
How great is our God, and all will see
By Hillsong United, Album: Mighty To Save (2006)



WORSHIP WARRIORS® worshipwarriors.net

For more information send an email to: rozkowski@gmail.com

Copyright © All Rights Reserved (Reprinted with permission)