

Biblical Oils: The Many Benefits of Myrrh

Song of Songs 1:13 A bundle of myrrh is my beloved to me, that lies all night between my breasts.

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- **MYRRH** means the same thing in Hebrew, Greek, Latin & Arabic = Bitter, suffering, death

Bitter to the taste but sweet to the smell, **myrrh** in the spiritual sense speaks of dying to self to become a "sweet smelling savor" unto the LORD. In Song of Songs 1:13 the Bride is preparing herself with a satchel (bundle) of **myrrh** that she keeps close to her heart all night, she keeps the sweet fragrance (*Psalms 45:8*) of her Beloved ever so close. He is so precious to her.



Myrrh is used today by middle-eastern cultures as a purification treatment in preparation of their wedding day. Queen Ester (Esther) bathed in **myrrh** and other fragrant oils for 12 months, making herself desirable for marriage to the King. It was a purification process, a dying to self in her preparation for the KING. (*Ester 2:3, 6-13*)

Myrrh is a universal essential oil and has a vast amount of uses when combined with prayer.

SPIRITUAL

- Heightens spiritual awareness
- Lifts the spirit
- Revitalizing, bringing a freshness
- Brings emotional release
- Improves concentration

HEALING

- Reduces inflammation
- Boosts immunity
- Speeds recovery of illnesses
- Eliminates respiratory ailments; congestion, colds & coughs
- Improves arthritic conditions
- Reduces stomach gas & acid

- Fights fungal infections; athlete's foot, ringworm
- Lessens menstrual issues
- Promotes oral hygiene; ulcers, gingivitis, bad breath

BEAUTY

- Helps prevent premature aging
- Soothes: rough, dry & chapped skin
- Imparts a healthy glow
- Aids in healing blemishes
- Improves circulation
- Makes fragrances last longer

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SUGGESTED USES

- **INHALATION** - Breath in through the nose keeping the mouth closed. Then exhale through the mouth. Repeat 3 to 4 times.
- **TOPICAL** - Massage oil blend directly to affected area twice a day. (Do not apply anointing oils directly on skin)
- **BEAUTY TREATMENT** – Apply a small amount to face before bedtime (Especially fine lines) avoiding eyes.

The essential oil blends sold at **WORSHIP WARRIORS** are for *topical use only*. We use **myrrh** in most of our blends and do not in any way suggest that our blends are a cure-all for any particular ailment. **DO NOT TAKE INTERNALLY**. If you experience any adverse reaction apply extra-virgin oil immediately to irritated area and you should have instant relief.

SCRIPTURE REFERENCES

- **FIRST MENTION:** Essential oils spoken of in the Bible have been used for thousands of years in ancient cultures. The first mention of **myrrh** in the Bible is in *Genesis 37:25 ...they lifted their eyes and looked, and there was a company of Ishmaelites', coming from Gilead with their camels, bearing spices, balm, and myrrh, on their way to carry them down to Egypt.*

The brothers of Joseph decided not to leave him in the pit they had thrown him in when they saw the caravan of Ishmaelites' heading their way. They decided to sell him to these merchants that traveled the well know spice route from Gilead to Egypt. The Ishmaelites' were carrying many things including fragrant resins, balms, oils and **myrrh** to bring to Egypt to sell. **Myrrh** was a precious commodity, very costly and in high demand in ancient times. **Myrrh** is used today in several expensive perfumes and is still highly prized.

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- **YESHUA MESSIAH:** The 'Magi from the East' brought the Christ Child, **myrrh** as one of the gifts fit for a King. *And when they had come into the house, they saw the young Child with Mary His mother, and fell down and worshiped Him. And when they had opened their treasures, they presented gifts to Him: gold, frankincense, and **myrrh**. Matthew 2:11*

Other scripture references not mentioned above: Genesis 43:11; Exodus 30:23; Esther 2:12; Proverbs 7:17; Song Songs 3:6; 4:6, 14: 5:1, 5, 13; Matthew 26:7, 9, 12; Mark 14:3, 4, 15:23; Luke 7:37, 38 46; 23:56; John 11:2; 12:3, 5; 19:39



Image: Myrrh - gum resin

MYRRH IN THE BOOK OF REVELATION

"And unto the angel of the church in Smyrna write; these things saith the first and the last, which was dead, and is alive": The name "Smyrna" comes from the Greek word "Smurna" from Hebrew root that is translated "myrrh."

Myrrh is a bitter gum and costly perfume which exudes from a certain tree or shrub in Arabia and Ethiopia, or is obtained by incisions made in the bark: as an antiseptic it was used for embalming. It was also an ingredient in perfume (Psalm 45:8), prominent in Song of Solomon, etc. It was also an ingredient in holy anointing oil for priests (Exodus 30:23) and the purification of women (Esther 2:12). It was used in embalming (John 19:39) and was a gift of the Magi at Christ's birth (Mt 2:11):

- Gold = royalty
- Frankincense = deity, priesthood
- Myrrh = suffering, death

In Jesus' Second Coming gold and frankincense are offered, but NO myrrh (Isaiah 60:6) since his death is now behind him—but it was offered to Christ at cross

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(Mark 15:23). The body of Jesus was embalmed by Joseph & Nicodemus (John 19:39-40). Myrrh yields fragrance by being crushed. Note the “death” theme throughout this letter. –*Chuck Missler (excerpt-The Book of Revelation)*

RESOURCES

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